



October 2019. Newsletter

Welcome to our Autumn Newsletter which features both the ongoing need for our work and the amazing generosity our community and of our volunteers. There are features about some of our volunteers and some of our old and new trustees as well as a sad note as many of us attended the recent funeral of our long term volunteer Mel Sandall. Over the years Mel helped many of our clients with his kindness and expertise as they struggled with statutory bodies.

Thank you Mel !

August and September have been two of our busiest months ever with a 25% plus increase in the number of people needing our help over the same period last year. This has meant that we have distributed nearly 30% more food than we have received in these two months. However we are now in our busiest time of year as we receive Harvest donations and as we approach the Tesco national Foodbank collection event.



Harvest for Foodbank at Truro Methodist Church

We held a service of Thanksgiving on Sunday 13 October to mark our 10th Anniversary. We wanted to acknowledge God's goodness in answering prayers and in guiding us. Truro Methodist Church, who have supported us since we began, kindly invited us to lead their evening Harvest service. About 150 folk attended and there were contributions from staff, volunteers, trustees and supporters. Rev Mark Dunn-Wilson led the service and the Harvest gifts and the offering were given to the Foodbank.

Harvest is always a busy time as churches and schools send us their gifts - here is Simon our manager engaging with children at a Harvest service. So far this year we have received approximately 3 tonnes of food from Harvest events and this is now being sorted by our hard working volunteers. Thank you, you are amazing!



Each year Tesco UK arranges special collection events for Trussell Trust Foodbanks. Our Truro Tesco collection days this year are **21, 22 and 23 November.**

We still need some more volunteers to help - Can you spare two hours?



I started work at Foodbank 20 months ago. I help to sort out the food that comes

in. I love helping people and meeting other volunteers. I am very happy there and feel valued. Emma
(Emma always asks to go to "work" at Foodbank.)



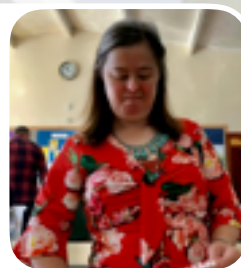
I've been working at the Foodbank for 20 months. I like helping the local community and meeting new people.

We sort food given by the people of Truro and this is given to people who need help. I am very proud of the work we do there.

Jinny

My name is Zoe and I came to the Foodbank this morning and worked very hard choosing the cans

to go on the right tables. I love to see the heavy food boxes carried away to the main store. I shout out the dates and get the right coloured spot on the tin.



REVERSE ADVENT CALENDAR



WRITE DOWN THE FOOD ITEMS/GIFTS/CASH YOU'VE GIVEN & COLLECTED EACH DAY READY TO DONATE TO **TRURO** FOODBANK

1 Coffee	2 Tomatoes	3 Pudding	4 Vegetable	5 Fruit
6 Potatoes	7 Juice	8 Cereal	9 Fish	10 Milk
11 Coffee	12 Tomatoes	13 Pasta Sauce	14 Fruit	15 Juice
16 Beans	17 Pasta	18 Coffee	19 Meat	20 Pudding
21 Vegetables	22 Fruit	23 Potatoes	24 Tomatoes	25 Toiletries



Supporting **TRURO** Foodbank
www.truro.foodbank.org.uk

Reg. Charity No. 1176281 - Reg. in England & Wales/Scotland

HELPING LOCAL PEOPLE IN CRISIS



We never cease to be amazed at your innovation and enthusiasm in collecting food.

Above. Hearing we were short of some items, **Jason** ordered a Tesco delivery to our store of 99 tins of chopped tomatoes, 99 tins of plum tomatoes and 50 tins of peaches! **Truro High School for girls** collected over 300Kg of food at their Harvest enough for 250 meals. **Well done all!**

We would like to encourage you to join the **Reverse Advent Calendar** challenge. Instead of receiving a chocolate the idea is to donate the item in the date box each day through Advent. Last year several individuals and groups took the challenge and Richard Lander School collected over 2000 tins and £437. Calendars on page 4 and more info from the office.



In our Summer Newsletter we detailed changes to our staff team and we now announce changes to our Board of trustees.

William Trinick, our Chair for the past four and a half years has stepped down as has **Max Bragga** who served as a trustee for six years. Our thanks to William for all his hard work and for his contacts with the Trussell Trust. William was a founder trustee when the Trussell Trust was set up in Salisbury. Also our thanks to Max for his expert advice on legal matters. Max continues his volunteering. We now have three new trustees.



Lucy Brightley has a background in marketing, has lived in Cornwall for 22 years, is a mother of five. She is an NHS volunteer and has been a Foodbank volunteer for three years.

Janet Whitson-Fay has lived in Cornwall for 30 years, enjoying a varied career predominantly in the caring profession. She is mother to two boys and wife to Craig. She was employed as assistant manager at Truro Foodbank for four and a half years

Jo Stone is married with three teenage children. He worked as a solicitor for 20 years specialising in issues arising from relationship breakdown. Jo says that it was the one area he always said he would not specialise in, but that God had other ideas. He now works at the court in Truro and Bodmin where he frequently sees people in real financial difficulty, and the difference to them that organisations such as Foodbank can make.

Outside of work Jo spends time trying to improve the family home, a 5 year project started 15 years ago, and listening to age-inappropriate music.

Malcolm Henderson has taken over as Acting Chair until the end of April 2020. He has lived in Cornwall for fifty years and is married to Doreen who founded the Truro Foodbank in 2009.

June and Bob Girvan are offering PINEAPPLE fruit cakes for sale in aid of Foodbank funds.



Cakes cost £8 which after costs leaves £5 for Foodbank.
Phone: **07716 325599** to order.

Cakes are 5*



Truro Foodbank Monday: 3pm to 5pm Truro Methodist Church (TMC)

Opening times: Tuesday: 10am to 12 noon All Saints Church, Highertown (ASH)
Thursday 10am to 12.30pm TMC.

Roseland and Perranporth Service available via phone or web site

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