

Easter sunrise



## April 2022 Newsletter

### Emma Revie, the CEO of the Trussell Trust comments on the government's Spring Statement:

*"Today the Chancellor has failed to create any security for people on the lowest incomes by failing to bring benefits payments in line with the true cost of living in his spring statement. **This decision has created a real terms cut to Social Security payments which remain dangerously insufficient.***



*"People are already making impossible decisions between heating and eating, and we know adults are skipping meals, unable to afford to run cookers and fridges and taking on debt to buy the essentials. **This is not right.***

*"This decision will mean many more people will have no option but to use a food bank. By failing to make benefits payments realistic for the times we*

*face, the government is risking turning the cost of living crisis into an emergency. People cannot afford to wait another year for this to be reviewed. **Action to rectify this situation and strengthen our social security system needs to happen immediately.***

### Simon, Truro Foodbank manager reports:

**The Chancellor's Spring Statement** will have the greatest impact on people with the lowest incomes; This comes on top of the drastic fall in income for this group during 2020/21 when, mainly because of Covid, household income fell by 42% for the 20% of households on the lowest income. (ONS 13/09/21). State benefits will rise by 3% from 5th April but inflation is predicted to rise to 8% this month. This means that around 9 million households on means tested benefits due to low incomes, both in and out of work, will experience an average real terms cut of £500 per year. Couple families with children, in receipt of benefits due to low income, will experience a real terms cut of £720 per year while the figure across all pension couples is £540 per year. (Joseph Rowntree Foundation.)

Recently we have seen more people coming for help who worried about not being able to feed the family and keep members warm. More low income families, the hardest hit by the present crisis, have to use pre-payment meters. Thus the poorest pay the highest costs for energy. **This can't be right !**

Another worrying cameo is Care Workers who are coming to the Foodbank for help. Many of them who drive from client to client have not yet had an increase in their car mileage rates to compensate from the massive rise in petrol and diesel costs. Added to the other increased costs they are struggling to cope.

We are trying to help and now have specialist advice services at our sessions at All Saints Highertown:

1st Friday - Citizens Advice

2nd Friday - KAFE Connect

3rd Friday - Karen Glasson. Truro MP's case worker

4th Friday - Christians Against Poverty

5th Friday - Re-skilling Cornwall





**Bob Girvan.** The trustees arranged a celebration at the Carnon Inn on 17 March to mark the retirement of Bob after eleven years working for Truro Foodbank. Wendy Vincent presented Bob's wife June with a large bouquet and Jo Stone, our Chair, gave Bob a cheque from staff and volunteers towards a new golf trolley. Bob joined us at the end of 2010 and in his first year we supplied food parcels to approximately 440 local people and handled 3.4 tonnes of food. Bob's imagination, organisational abilities and amazing work capacity laid the basis of the way we operate and in 2021 we coped with 65 tonnes of food, 3600 food parcels and 223 Holiday "Top-up" bags.

**Nick Gibbins - new Stores Coordinator**



Before joining the TFB I worked as a solicitor in private practice for 25 years, specialising in mental health and child protection law. I retired in last September and was fortunate enough to have an introduction to TFB. I was offered the post which I gladly accepted. The last 7 months or so have proved to be exciting and immensely fulfilling, working with a dedicated team of staff and volunteers whose aim is to help people in need. **Welcome Nick!**

**Tracey Broad, Customer Services Coordinator**



I have been a nurse for the last 31 years and had roles working in both the NHS and private sector, my most recent being a patient safety coordinator within the governance department of an NHS Trust. I have now been with the food bank since February, and thoroughly enjoy it. Everyone was so welcoming to me and it's a fabulous team to be part of. **Welcome Tracey!**

**Due to high demand our stock is running low!**

**WHERE TO DONATE**

**LOCAL SUPERMARKETS**

**TRURO**

Sainsbury's	Tesco
Waitrose	Co-op
Iceland	Pannier Market

**ST AGNES**

Spar
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**A TYPICAL FOOD PARCEL INCLUDES:**

Breakfast cereals	Tinned fruit	Soup
Tinned meat/fish	Tinned beans	Rice
Tinned vegetables	Pasta sauce	Pasta
Long-life fruit juice	Long-life milk	Rice
Coffee/tea	Household items	Biscuits

Rotary Club of  Truro Boscawen

**Charity Concert**

in aid of

 **Truro foodbank**

and local charities supported by the Rotary Club Trust Fund  
Reg. Charity No. 1043219

featuring the

 **Celtic Male Ensemble**

Directed by Alastair Taylor

and the  **TRURO SCHOOL**

**Flechtet Jazz Ensemble**  
Leader: Louis Fletcher

**Now: Thursday 5 May 2022**  
Existing tickets valid

7.00 for 7.30 pm at Truro School Chapel  
Bring your own cushions!

For tickets (£12 each incl. a glass of wine) call 01872 225279  
or from 47 Old Coach Road, Playing Place (863887)

**Monday:** 3pm to 5pm, Truro Methodist Church (TMC)  
**Wednesday:** 10 am to 12 noon, Truro Methodist Church (TMC)  
**Friday:** 10am to 12 noon, All Saints Church, Highertown. (ASH)  
*Roseland and Perranporth service available via phone or*

Truro Foodbank, All Saints Church, Highertown, Tresawls Road, Truro TR1 3 LD.  
T: 077 2171 1669 (available 9am to 5 pm Mondays & 9am to 12 noon Wednesdays and Fridays.)  
e: [trurofoodbank@gmail.com](mailto:trurofoodbank@gmail.com). [www.truro.foodbank.org.uk](http://www.truro.foodbank.org.uk).  
Registered charity: 1176281  
Twitter : @TruroFoodbank Facebook: @TruroiFoodbank