

Welcome to our latest newsletter! It has been a busy couple of months and apologies that this is rather late.

Here's a look at everything happening at Truro Foodbank

Stock Update

We currently hold 6,944kg of stock in stores.

Between 1st February and 31st March:

- 6,976.3kg of food came into stock
- 6,815.7kg of food was distributed to foodbank users

Compared with the same period in 2025:

- Stock in was 451.1kg lower
- Stock out was 1,899.7kg lower

While outgoing stock is significantly reduced, it is encouraging that incoming donations remain steady. Moving forward, our aim is to increase donations by working not only with supermarkets, but also with local businesses and organisations, helping us reduce the amount of food we need to purchase.

Distribution Update

From 1st February to 31st March 2026, we supported 575 people, compared with 812 people during the same period in 2025.

This reduction may be due to the opening of additional community larders, giving people more local support options.

We are also pleased to announce that National Energy Action will be visiting in June, with plans for regular sessions going forward. New meeting rooms (see below) will create more opportunities to welcome support services on site.

Staff & Volunteers

Our recent volunteer evening was a great success, resulting in four new volunteer applications from excellent candidates.

We are also pleased to welcome a new volunteer who has recently joined the stores team to help with lifting and stock movement.

Another strong volunteer application has also been received, and we hope to welcome her soon.

Tracey's has now left to take on a role with Transformation Cornwall and Liz will officially join the team from 1st June. Preparations are already underway to help her settle into her new role, with full support during induction and beyond.

Partnerships & Community Work

Visits to Other Foodbanks

In February, visits were made to both Newquay and Liskeard Foodbanks to build stronger partnerships, share ideas, and improve collaboration.

RAF Walk Success

Working with Newquay on the RAF Walk resulted in approximately 730 meals donated. The event was a huge success, with even the Mayor and Mayoress joining one leg of the walk!

Donations from the Community

Three Happy Days Nurseries were visited over the past three months and we were very grateful for the donations received.

During visits, children took part in healthy eating games, discussions about exercise, and each child received a dental care bag thanks to support from Smile Together.

The nurseries were delighted and keen to do more in future.

We were also pleased to welcome the members of Spires Trefoil Guild to our Foodbank Experience and their donations of food and cash were also much appreciated.



Media Attention

During February and March, filming took place at the unit focusing on dignity, our choice model, and safe spaces.

We also welcomed ITV, who filmed the impact of the cost of living crisis and global conflicts on food insecurity.

New Opening Times

To support working people who may need help, Wednesday and Friday distribution times have changed to:

11:00am – 1:00pm

This includes the lunch hour and has been well received, with visitors now arriving steadily across the two-hour period.

Fundraising & Collections

Our recent Waitrose collection was another great success:

- 284kg of food donated
- Equivalent to 474 meals
- £100 cash raised

We are also delighted to have won the Waitrose token scheme and will soon receive £1,500.

Plans are now underway for future collections with Tesco and Sainsbury's.

Advice & Support Services

Benefits training has been completed this month, helping staff ask the right questions and better support visitors alongside Citizens Advice.

We said goodbye to Tara at the end of March, but are thrilled she hopes to continue volunteering.

We now warmly welcome Bethan, our new Citizens Advice worker, who has already begun seeing clients and making a positive impact.

Final Thoughts

What a busy and rewarding few months it has been!

So much has been achieved, and we are incredibly proud of the work taking place every day.

Thank you to all our volunteers, supporters, donors, and partners for making this possible.