Truro Foodbank
Together with Trussell

2026 Reverse Advent Calendar

Please put aside 1 item each day for 24 days in December. Then donate 24 items to Truro Foodbank in January.
We really need the items below to help local people in food crisis. So please don't donate mince pies, Christmas puddings, selection boxes etc. No alcohol in ingredients please. Thank you!

1 Tinned soup	2 Shampoo	3 Tinned meat pies	4 Tinned tomatoes	5 Pasta	6 Deodorant
7 Packet of biscuits	8 Washing-up liquid	9 Tinned soup	10 Small jar of coffee	11 Jam / honey/ peanut butter	12 Breakfast cereal
13 Pack of 40 or 80 tea bags	14 Laundry liquid/powder	15 Long-life fruit juice	16 Instant mash potatoes	17 Tinned vegetables	18 Cooking sauces
19 Tinned potatoes	20 Tinned ham or chicken	21 Toilet rolls	22 Rice pudding	23 UHT long-life milk	24 Tinned fruit

www.truro.foodbank.org.uk t. 07721 711669 e. enquiries@truro.foodbank.org.uk

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